

TRACEN Petaluma Haley Hall Dining Facility

3/9/26 - 3/15/26

5	BREAKFAST	Calories	LUNCH	Calories	DINNER	Calories
M O N D A Y	FRESH FRUIT CREAM OF WHEAT ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS CHICKEN SAUSAGE LINKS PORK SAUSAGE LINKS BREAKFAST LATKES WAFFLES W/ BUTTER & SYRUP SPINACH QUICHE	VARIABLES 110 VARIABLES VARIABLES 78 151 180 210 151 / 120 320	CHICKEN & DUMPLING SOUP BOURBON CHICKEN PEPPER STEAK JASMINE RICE ROASTED RED POTATOES WINTER BLEND VEGETABLES BROCCOLI PARMESAN <u>PLATED ALTERNATIVE</u> CHICKEN LETTUCE WRAPS	210 320 450 200 105 65 90 321	ROASTED PORK LOIN CREAMY POLENTA ROASTED FINGERLINGS LEMON ZESTED ASPARAGUS BROWN SUGAR ACORN SQUASH FOCACCI BREAD	164 175 180 63 98 140
T U E S D A Y	FRESH FRUIT OATMEAL ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS CRISPY BACON PORK SAUSAGE PATTIES HASH BROWNS FRENCH TOAST W/ BUTTER & SYRUP BISCUITS & SAUSAGE GRAVY	VARIABLES 158 VARIABLES VARIABLES 78 192 180 151 195 / 120 210	SPICY BLACK BEAN SOUP CHICKEN TACOS BEEF BIRRIA TACOS FRIJOLES CHARROS SOUTHWESTERN RICE CHARRED MEXICAN ZUCCHINI TRI COLORED PEPPERS <u>PLATED ALTERNATIVE</u> CHARRED CHICKEN MOLE	317 300 209 205 235 154 54 220	STICKY CHICKEN KIMCHI FRIED RICE JASMINE RICE MISO GLAZED ROOT VEGETABLES SAUTEED GREEN BEANS EGG ROLLS W/ DIPPING SAUCES	380 108 210 180 63 90
W E D N E S D A Y	FRESH FRUIT HOT GRITS ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS GRILLED SPAM / CORNED BEEF HASH HOME FRIES BLUEBERRY PANCAKE JASMINE RICE BUTTER & SYRUP	VARIABLES 142 VARIABLES VARIABLES 78 180 110 210 105 120	ROASTED RED PEPPER BISQUE CHICKEN PICCATA SALMON W/ LEMON CAPER SAUCE FARRO PILAF SCALLOPED POTATOES GLAZED CARROTS W/ SPICED NUTS ROASTED PURPLE CAULIFLOWER HOT DINNER ROLLS <u>PLATED ALTERNATIVE</u> SEARED SHRIMP & GRITS	380 435 202 350 210 62 150 80 475	CHICKEN PARMESAN SPAGHETTI W/ MARINARA BROWN BUTTER ORZO KALE & CHICKPEA MEDLEY GRILLED ZUCCHINI GARLIC KNOTS	380 341 235 228 180 60
T H U R S D A Y	FRESH FRUIT CREAM OF WHEAT ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS CRISPY BACON SAUSAGE HOT LINKS GOLDEN HASH BROWN PATTIES PANCAKES W/ BUTTER & SYRUP BREAKFAST SANDWICHES	VARIABLES 110 VARIABLES VARIABLES 78 192 195 251 210 / 120 320	HOT & SOUR SOUP SPICY KOREAN PORK CASHEW CHICKEN JAPCHAE CALROSE RICE VEGAN BANG BANG BROCCOLI SPINACH BANCHAN POTSTICKERS W/ DIPPING SAUCES <u>PLATED ALTERNATIVE</u> KOREAN SPICY PORK BOWLS	180 360 320 100 70 75 90 120 367	ROASTED TURKEY MASHED POTATOES W/ GRAVY SAVORY STUFFING ROASTED VEGETABLE MEDLEY GREEN BEAN CASSEROLE DINNER ROLLS	225 60 120 150 90 80
F R I D A Y	FRESH FRUIT OATMEAL ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS CHICKEN SAUSAGE LINKS PORK SAUSAGE LINKS POTATOES O'BRIEN FRENCH TOAST W/ BUTTER & SYRUP BREAKFAST BURRITOS	VARIABLES 158 VARIABLES VARIABLES 78 180 151 210 195 / 120 320	CRAB & CORN CHOWDER CATCH OF THE DAY GRILLED RIBEYE STEAKS SUNDRIED TOMATO RISOTTO ROASTED FINGERLING POTATOES SAUTEED YELLOW SQUASH MARINATED PORTABELLA MUSHROOMS SWEET HAWAIIAN ROLLS FRIED SHRIMP & CALAMARI	324 VARIABLES 300 160 190 65 140 220 VARIABLES	BBC SPARE RIBS MACARONI & CHEESE ROASTED RED POTATOES CORN ON THE COB SOUTHERN GREEN BEANS CORN BREAD	328 248 180 45 95 90
S A T U R D A Y	FRESH FRUIT HOT GRITS ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS BACON / MAPLE PORK SAUSAGE LINKS HASH BROWNS WAFFLES W/ BUTTER & SYRUP	VARIABLES 142 VARIABLES VARIABLES 78 92 / 180 151 151 / 120	EGGS & OMELETS TO ORDER CORNED BEEF HASH / SAUSAGE WAFFLES W/ BUTTER & SYRUP CHICKEN GYROS HERBED LEMON GARLIC ROASTED POTATOES ROASTED VEGETABLES	350 300 151 / 120 25 110 220	CHICKEN ALFREDO FETTUCCINI PASTA MOZZARELLA STICKS W/ MARINARA STEAMED PEAS ROASTED CAULIFLOWER GARLIC BREAD	500 260 325 160 160 190
S U N D A Y	FRESH FRUIT CREAM OF WHEAT ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS PORK SAUSAGE LINKS TURKEY SAUSAGE LINKS HOME FRIES PANCAKES W/ BUTTER & SYRUP	VARIABLES 110 VARIABLES VARIABLES 78 180 145 151 210 / 120	EGGS & OMELETS TO ORDER CORNED BEEF HASH / SAUSAGE PANCAKES W/ BUTTER & SYRUP CHICKEN CAESAR WRAPS CURLY FRIES ITALIAN PASTA SALAD ITALIAN BLEND VEGETABLES	VARIABLES 320/180 210 / 120 500 230 210 110	SALISBURY STEAK MASHED POTATOES W/ BROWN GRAVY STEAMED WHITE RICE STEAMED CORN ROASTED BROCCOLI HOME STYLE BISCUITS	210 325 140 152 99 136

Week 5

The Food Service Officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit the timely use of perishable foods. Assorted beverages, desserts, and breakfast pastries are available during meal service.

Submitted By:

CSC E. S. Sanchez
Dining Facility Supervisor

Reviewed By:

CSCS N. E. Mogan
Food Service Officer

Approved By:

Captain J. D. Burch
Commanding Officer